

# e-aquanauts

## The Advanced Nitrox Bundle (IANTD & TDI) £314.00 – Three courses in one.

Embarking upon your more adventurous diving can be a daunting experience as you struggle to navigate the minefield of course choices, equipment choices and instructors.

At e-aquanauts, we make this choice easier, by offering three courses in one. This gives you Twinset Fundamentals, IANTD Advanced Nitrox and TDI Deco Procedures, which will allow you to;

- Experience technical diving equipment and skills
- Dive any Nitrox mix from 21% to 50%
- 40m Maximum Depth
- Conduct Decompression dives, limited to 10 minutes at 6m

For just an extra £34, we can include the TDI Advanced Nitrox certification, which will extend your limits to;

- Any Nitrox mix from 21% to 100%
- No Limits decompression

The content of these courses is 70% common, which allows us to offer this dual certification option without needing extra time (<http://www.e-aquanauts.com/cert.htm>).

You can take the course in your standard equipment, using the 7L Aluminium stages and O2 clean regs we provide (included in your course fee). If you are going to use your own kit, it must be O2 cleaned etc (<http://www.e-aquanauts.com/equipment.htm>).

During your course, if you're interested in trying the "standard" kit for more technical diving, we can hire you twinsets, wings, backplates, regs and canister lamps so that you can try this out without having to commit to a purchase of something just to try it!

The purpose of the e-aquanauts bundle is to expose you to the new equipment, techniques and skills that can be the foundation of your technical diving. We focus heavily upon practical skills and help you to understand why certain techniques and equipment may be appropriate in different environments/situation. In addition to reviewing your previous dive knowledge, we'll also cover accelerated deco, dive planning and twinset skills. The emphasis is on safety, by helping you become truly competent and confident.

For the more adventurous  
<http://www.e-aquanauts.com>

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The four days are normally scheduled as follows;

*Day 1*

The fundamentals of twinsets. This covers all the basic skills you need to master, with an all day practical session on kit selection/configuration, trim and buoyancy. It tends to run from 8am to 9pm, including a pool/shallow open water session. We tend to video these sessions so that you can see and critique yourself ([http://www.e-aquanauts.com/twin\\_fun/](http://www.e-aquanauts.com/twin_fun/)). Typically, we prefer the Chichester area, for logistic reasons and easy access to pools.

*Day 2*

We cover a whole day (8am to 8pm), filled with skills practise and fine tune the buoyancy, propulsion techniques and kit configurations from the day before. We'll also cover more theory here.

*Days 3/4*

The remaining two days will be conducted at sea (as weather permits), so overall we are looking at a minimum four days and a minimum of six open water dives. This is best conducted as a "total immersion" as four continuous days Sat-Sun-Mon-Tue, but weekends can be accommodated as suits.

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